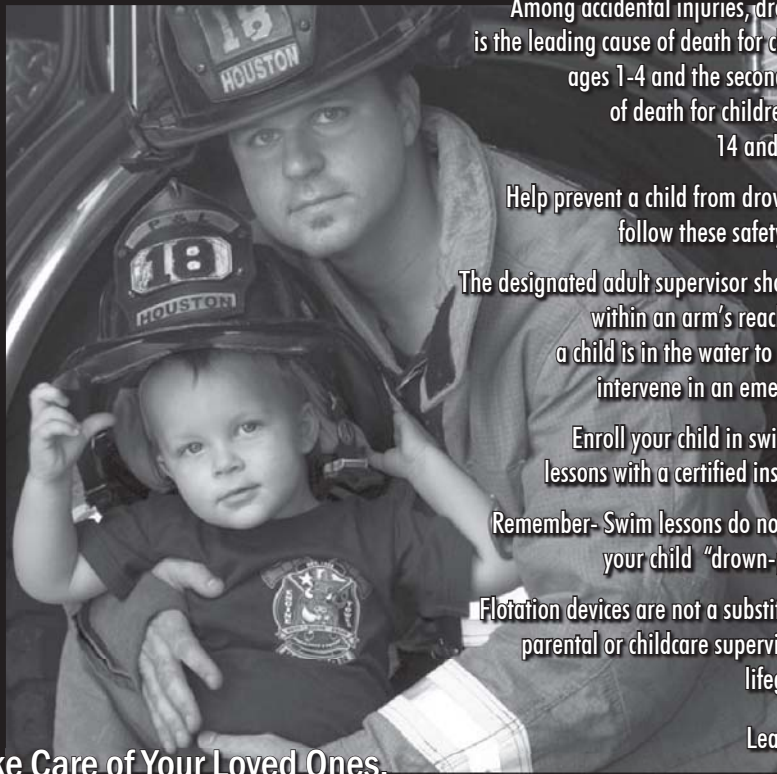


IN THE BLINK OF AN EYE, A CHILD CAN DROWN.

Active, focused adult supervision is the most important safety measure to prevent a water-related tragedy to a child.



Among accidental injuries, drowning is the leading cause of death for children ages 1-4 and the second cause of death for children ages 14 and under.

Help prevent a child from drowning - follow these safety tips*:

The designated adult supervisor should be within an arm's reach while a child is in the water to quickly intervene in an emergency.

Enroll your child in swimming lessons with a certified instructor.

Remember- Swim lessons do not make your child "drown-proof".

Flotation devices are not a substitute for parental or childcare supervision or lifeguards.

Learn CPR

Take Care of Your Loved Ones.

For more safety information go to <http://www.houstontx.gov/fire>

SAFETY MESSAGE FROM CITY OF HOUSTON FIRE DEPARTMENT EMS

*This information provides limited precautions and should not be considered all-inclusive.

Photo by: ChavezSquared